

# TODAY

## Spice Up Your Workout



**You're invited to  
a Bollywood Dance Party!\* at the Rush-  
Copley Healthplex**

- 1900 Ogden Avenue  
in Aurora
- Friday, March 5
- 6 to 8 p.m.
- Refreshments to follow!  
Special membership  
incentives for attendees.

*\*Open to the public. Members may  
bring a guest. Attendees must be  
18 years or older.*

**Join the Bollywood Dance Party where you'll move  
to international beats, enjoy refreshments and more—  
for FREE!**

Now Bollywood, the dance exercise inspired by the sassy, energetic moves of Bollywood stars, comes to the Healthplex. With fast-paced movement, you can work all your muscle groups and have fun in the process.

Attend this Bollywood Dance Party for a graceful, glamorous, yet energetic dance party—for FREE at the Rush-Copley Healthplex. Make this fitness craze part of your repertoire while you indulge in free refreshments, a free Body Fat Analysis and more!

***For more info, contact a membership consultant at 630-978-6280 or visit  
[rushcopley.com/healthplex](http://rushcopley.com/healthplex).***

 **Rush-Copley Healthplex**

**The Extraordinary Fitness Club Experience**

1900 Ogden Avenue • On the Rush-Copley Medical Center Campus

**TENNIS   YOGA   FITNESS   BOXING   SPINNING   PILATES   AQUATICS   KIDS' PROGRAMS**